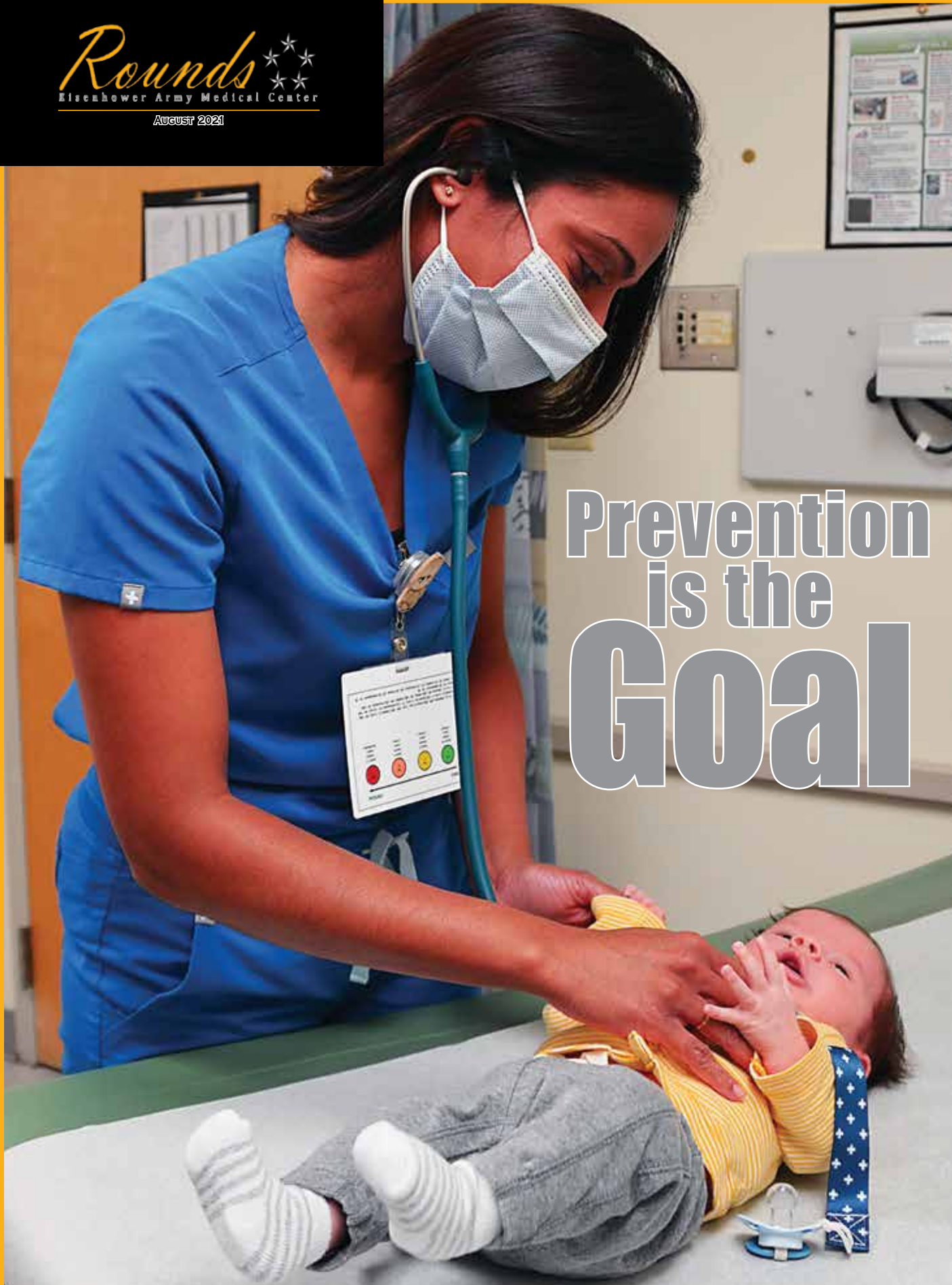


Prevention is the Goal



Packed with nutritional goodness and parents' love

Capt. Jennifer West, MS, RD, LD
Interim Chief, Clinical Dietetics,
Nutrition Care Division
Eisenhower Army Medical Center

Fall is right around the corner and families are preparing to head back to school. In the hustle and bustle of having to pick up school supplies, new clothes, and preparing to wake up earlier it might be easy to forget about what our children are going to eat for lunch. Eating balanced, nutritious meals are important for growing youngsters, and will help them feel good, and perform better in academics and sports.

Most school-aged children are familiar with the USDA's MyPlate since it is usually displayed in the school cafeteria. This easy-to-navigate model shows what a healthy plate should consist of: fruits, vegetables, protein, grains and dairy.

It is easy to apply this method of healthy eating to either a school lunch or a lunch brought from home.

Just choose three to four of the food categories plus a beverage: milk, water or 100 percent juice.

Some people might think bringing a lunch from home is always the healthier option, but if those foods are high in added sugars, refined carbohydrates, and high in salt and fat, then the school lunch might be the better choice.

The National School Lunch Program is focused on providing a nutritionally balanced, low-cost or free lunch to children attending schools. This includes offering fresh fruit, colorful veggies, lean proteins, whole grain items and low-fat dairy products every day.

Sounds like MyPlate, right?

Lunch menus are typically posted online by the school. You can review the menu with your children to identify which items they're interested in eating and help them learn about the more nutritious foods offered.

If your children are taking lunch to school, there are several things you can do to help encourage healthier eating habits. Definitely involve them in a conversation about



Photo by Harold Dorwin /Smithsonian Institution

Make lunches fun, including a special lunch box when you can like this "Woody Woodpecker" by Aladdin Industries in 1971.

what they like and don't like to eat. If you can stock up on healthier foods they already enjoy, they will be more likely to eat it.

Encourage your children to help prepare the shopping list, assist with grocery shopping and even prep lunches the night before. They can also help pack their own lunches. Something as simple as having a fun and unique lunchbox makes packing a lunch more enjoyable.

Whether your family decides to make lunches at home or get them from school, keep in mind these six tips for creating a balanced lunch:

- Keep the MyPlate method in mind: choose fruits and veggies that add color to the meal. Include orange carrots, red cherry tomatoes, green sugar snap peas, blue and purple berries, and yellow bananas. You get the idea: the more color the better.
- Anchor the meal with a protein: protein-rich foods are good for muscle development and can help with concen-

tration throughout the day. Examples are peanut butter sandwiches, hard boiled eggs, turkey & cheese sandwiches, and hummus (or other types of bean dips).

- Go for whole grains: these foods include crackers, breads, pasta and rice. Whole grains provide more nutrition than the refined counterparts. Think whole grain bread versus white bread. There are more vitamins, minerals and fiber in the whole grain bread.
- Rethink your drink: A low-fat milk might be fine for lunch, but a sugar-sweetened drink is not. Avoid juice-type drinks, sodas and sweet teas for children. Choosing a flavored water can be a fun way to still have a special beverage but avoid unnecessary sugar.
- Keep packaged snacks to a minimum: Snacks like potato

chips, fruity gummies, cheese-flavored crunchy things and candy should not be regular items in lunches. These foods are often highly processed and high in fat,

see **LUNCH** on page 8

Rounds 
Eisenhower Army Medical Center

August 2021
Vol. 6, No. 11

Rounds is an official monthly publication of Eisenhower Army Medical Center at Fort Gordon, Georgia, produced by the EAMC Public Affairs Office for and about the staff of the hospital and the military members, family members and beneficiaries who choose EAMC for their 5-Star Health Care.

Editorial content is under the direction of and serves the mission of the EAMC commanding officer. Email: usarmy.gordon.medcom-eamc.mbx.pao@mail.mil.



Meet Col. Heidi Mon, EAMC's new commander

Editorial Staff

Eisenhower Army Medical Center welcomed its new commanding officer, Col. Heidi P. Mon, at a change of command ceremony Aug. 2 at Barton Field.

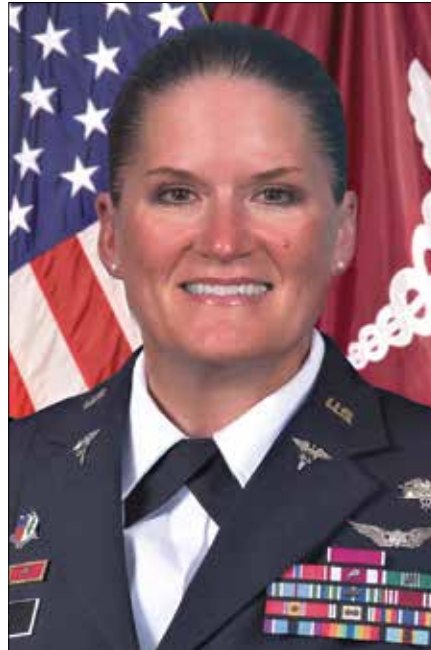
Mon recently relinquished her duties as the Chief of Staff for Regional Health Command-Pacific.

EAMC's military and civilian staff welcome Mon in the service of the hospital's mission and the entire Mon family into the Eisenhower family.

The following is Mon's biography.

Col. Heidi P. Mon hails from the great Rocky Mountains. She graduated with a Bachelor of Science in Mathematics from the University of Denver and then enlisted in the Army as an Aviation Operations Specialist in 1993. Following her first assignment in Wiesbaden, Germany, she attended Officer Candidate School at Fort Benning, Ga., and was commissioned into the Medical Service Corps in June 1997.

Mon arrived at the 86th Combat Support Hospital, Fort Campbell, Ky., in the fall of 1997 where she first served as the Executive Officer for the Medical Company and later



U.S. Army Official Photo

Col. Heidi P. Mon, incoming commander, Eisenhower Army Medical Center, takes the lead during a change of command ceremony at 8 a.m., Aug. 2 at Barton Field.

as the hospital's Medical Supply Officer.

In 1999, Mon took command as the Medical Company and Medical Hold Company

Commander at Blanchfield Army Community Hospital, at Fort Campbell, Ky.

In January 2001, Mon attended the Officer's Advanced Course followed by the Health Services Comptroller Internship at Fort Sam Houston, Texas. She then assumed duties as the Chief of the Management Analysis Branch, Resource Management Division, at Brooke Army Medical Center at Fort Sam Houston, Texas.

In 2003, she began studies in the Baylor University Masters in Health Care Administration Program followed by additional studies at the University of Texas at San Antonio in Business Administration.

Mon joined the Victory Medics of the 30th Medical Brigade in Heidelberg, Germany, as the brigade's comptroller in the summer of 2005. In 2008, Mon joined the Martin Army Community Hospital, Fort Benning, Ga., staff as the Chief of Business Operations. She was named the Distinguished Comptroller (major command) by the American Society of Military Comptrollers and graduated from the Intermediate Level Education in 2009.

see **MON** on page 8

Ike 7 says: 'Goodbye leads to hello'

Command Sgt. Maj. Natasha Santiago

Eisenhower Army Medical Center

Where did July go? I just cannot believe that school will be starting up in a few days here in Augusta, and that summer ultimately has come and gone.

The summer months have brought much change to Eisenhower Army Medical Center. Generally, summers provide the largest PCS time for all of the military. We have felt that impact here.

On Aug. 2, I will say goodbye to my battle buddy, Col. Carlene Blanding.

Paulo Coelho, a Brazilian lyricist and novelist, has said, "If you are brave enough to say goodbye, life will reward you with a new hello." This is definitely the case for me, and for us as an organization.

Col. Blanding, I want to thank you for being my battle buddy. It has been an honor

and a privilege to serve with you. There are no words to describe how your "People First" mentality has affected not just me, but many within our EAMC Family. I know this is not the end of our relationship, and I am grateful for your leadership, mentorship and friendship. Team Santiago will not be in your rear-view mirror. You are stuck with us.

The "New Hello" for me goes to our new Commander Col. Heidi Mon.

Ma'am, I look forward to working with you and sharing all of the amazing things our team does here. I have no doubt you and your family will fit right in. Welcome to the EAMC Family.

Many areas within our footprint have gone through major personnel changes due to PCS, retirements and new job opportunities over the last few months. There are positives to this even though it doesn't

seem that way at first.

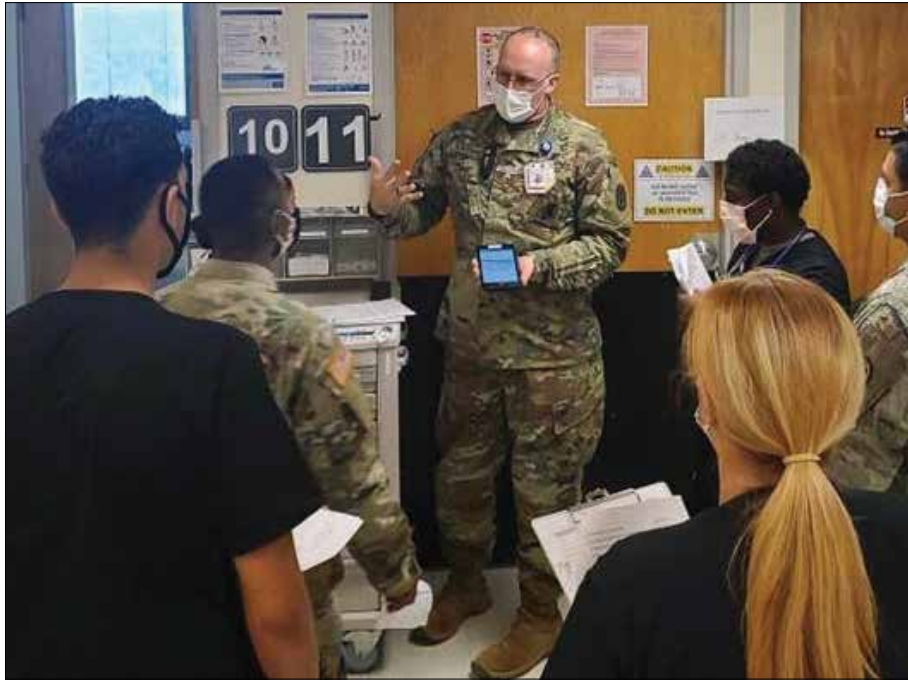
One positive is that people can share their experiences about EAMC where they go next and tell their experiences here. Another plus is that, when new teammates join our team, it is an opportunity to garner different perspectives and to get new sets of eyes on various things within the unit.

I am a huge advocate for having different perspectives in problem solving and on making recommendations on how to better our foxholes. There is zero doubt in my mind the EAMC team will wrap their arms around all of our new personnel and make them feel like part of the family.

Like many of you, I am not a fan of goodbyes. I prefer to say "See you later." The AMEDD is small, but, the Army is so much smaller. Paths are likely to cross again.

Thank you for everything that you do every single day. Your dedication to our mission and extraordinary work ethic does not go unnoticed.

4 Skills fair aims to sharpen clinical proficiency



Maj. Mike Knight, center, 9MSP, demonstrates disinfecting a room using the RD-UV Disinfection machine during the Clinical Skills Fair, June 15-16.



Capt. Ryan O'Keefe, left, teaches a class on managing a patient receiving a Patient-Controlled Anesthesia pump at the Clinical Skills Fair, June 15-16.



Jesse James, RN, right, from 11W teaches Lt. Spencer Jerome, 9MSP, on NG tube management at the Clinical Skills Fair, June 15-16.

Staff Reports

Technical skills are a perishable commodity. The phrase “use it or lose it” pertains to clinical skills as much as it does to staying in good physical condition.

Nine inpatient staff members of Eisenhower Army Medical Center clinical personnel volunteered as instructors to conducted a quarterly inpatient skills fair, June 15-16. The fair was designed to sharpen clinical skills and teach the latest techniques of patient care. Those attending included their fellow inpatient clinical staff members.

The skills fair included:

- Cardiac dysrhythmias
- Post-mortem care
- Insert and management of nasogastric tubes
- Management of patients with a chest tube
- Management of a patients with an endotracheal tube
- Management of a patient with a Patient-Controlled Anesthesia pump
- Management of a patient with an ostomy
- Initiating a Rapid Response Team call
- Disinfecting a patient care room using the new RD-UV Rapid Disinfector unit.

A few of the skills get repeated every six months to ensure ongoing competency, but other skills were inserted specifically to address Joint Commission requirements and inpatient trends identified through the Patient Safety Reporting System.

The inpatient skills fair also supported the commander’s intent for EAMC clinical personnel to be fully training in the individual critical task lists specific to the knowledge, skills and behaviors for each operational AOC or MOS.

The individual readiness of each soldier to deploy and excel in their assigned operational AOC/MOS is the basis of a responsive medical capability.

According to 2nd Lt. Eric Owens from 9MSP, “the skills fair provided a great opportunity for new nurses to sharpen the skills they learned during the Clinical Nurse Transition Program. [It also gave a chance to learn more about the policies at EAMC and to ensure we are using those skills in the right way.”

— Photos and story by Lt. Col. Cynthia Leiden, Maj. Michael Knight, and Capt. Natalie Gittleson



Photo by John Corley

A specialist, E-4, right, is pinned with the rank of corporal, also E-4, July 7 at the fourth floor Children’s Garden at Eisenhower Army Medical Center. Soldiers now will need to finish the Basic Leadership Course and serve as corporal before they can be promoted to sergeant.

Specialists make lateral move to corporal

Compiled by David M. White
Public Affairs Office
Eisenhower Army Medical Center

The road to sergeant now goes through the rank of corporal. Forty specialists made the lateral move to corporal in a ceremony July 7 in Eisenhower Army Medical Center’s fourth floor Children’s Garden.

Corporals are formally recognized as non-commissioned officers but retain the same E-4 pay grade as specialists. As a junior NCO,

a corporal also takes on leadership duties for a small unit, such as a fire team.

“We want to get after leading, teaching and mentoring our junior enlisted Soldiers early,” Sgt. Maj. Kenyatta Gaskins, Directorate of Military Personnel Management sergeant major, said in a release. “This is a junior leader development process and that’s how we’re looking at this.”

Army specialists who complete the Basic Leader Course soon will have to advance

laterally to corporal before they can make E-5 sergeant. The change took effect July 1 for active-duty soldiers, and will be in effect Oct. 1 for reservists.

Junior enlisted leaders play essential roles in building cohesive, disciplined and highly trained teams, said Sgt. Maj. of the Army Michael A. Grinston. He believes the change would acknowledge the fact that

see **LAT MOVE** on page 10



Photo by John Corley

The newest corporals at Eisenhower Army Medical Center gather for a “team photo” July 7 in the fourth floor Children’s Garden.

‘Well-child visits are crucial for children’

David M. White
Public Affairs Office
Eisenhower Army Medical Center

A wellness clinic is being phased in quietly in Eisenhower Army Medical Center’s former Internal Medicine Clinic space near the second floor entrance. The concept and location provide a safe environment for well visits during the COVID pandemic.

Not surprisingly, the number of well-baby visits have declined both locally and nationally due to the precautions helping prevent the spread COVID, according to Dr. Mary Black, chief of pediatrics at EAMC.

“Well-child visits are crucial for children,” Black said “During a well-child check, your child’s physician does a head-to-toe assessment. We get vital signs and measurements to carefully track their growth and development while screening for potential abnormalities.

“The well-child visit is also an opportunity to ensure your child is protected from infectious diseases by reviewing and updating his or her immunizations,” she said. “It is imperative that children stay on schedule for getting their immunizations. Other-

‘We’ll offer a comprehensive approach to the whole care of children, women and families. Prevention is the goal as we increase routine checkups.’

— Dr. Amrutha Mathew,
EAMC pediatrician

wise, in one or two years, we will be seeing vaccine-preventable diseases that can have devastating lifelong complications. We need to continue to protect our children so we don’t have another measles (or whooping cough) or even meningitis outbreak.

“We try to keep well-child visits to a regular schedule,” Black said. Parents have been concerned about bringing their children into the hospital. We want to create an atmosphere where the risk of exposure is minimal. Well-baby visits are key to ensuring every baby gets a healthy start in life as well as helps catch any anomalies early.

In addition to well-child checkups, the Eisenhower Well Clinic also provides well-women visits, adolescent care, cervical cancer screening, antidepressant management, and diabetic care and management.

This clinic will offer “a single place for treatment [in a] non-infectious environment, said Dr. Amrutha Mathew, also a pediatrician at EAMC.

“We’ll offer a comprehensive approach to the whole care of children, women and families,” she said. “Prevention is the goal as we increase routine checkups.”

A scheduling call to Central Appointments will include a triage conversation to help ensure patients, or their parents or guardians, are not showing symptoms of illness.

see **WELL CLINIC** on page 9

EAMC Celebrates

Women’s Equality Day

Aug. 26, 11:30 a.m. to 12:30 p.m.

Ike’s Café Classroom

Guest Speaker: Judy Carter, 11W

**THE
FUTURE
IS ALL OF US**
EQUALITY IS A HUMAN RIGHT



Reach Out and Read returns from COVID hiatus

x Dr. Karyl Bental

Pediatrician, local director for Reach Out and Read
Eisenhower Army Medical Center

Last year, COVID caused the cancellation of the 2020 Reach Out and Read event.

The much-missed, 9-year-old event took place July 16 this year through the efforts of Eisenhower Army Medical Center's pediatric team. Reach Out and Read is a national nonprofit organization that promotes reading.

The event also gave visitors a peek at EAMC's new Eisenhower Wellness Clinic (see story on page 6) and an opportunity for families to meet the pediatricians.

Eisenhower has a grant from the State of Georgia's ROR chapter that allows the clinic staff to give a new book to children at their well-child exams from birth through 5 years of age. Physicians can use this opportunity to discuss the importance of reading.

ROR envisions a world where every child is read to every day; and parents have daily, meaningful, language-rich interactions with their children.

Integrating reading into pediatric care emphasizes the importance of reading to families and serves as a catalyst for healthy



Photo by Ayana Broadus

Sparky the Fire Dog from the Fort Gordon Fire Department is gingerly approached by a little girl at Eisenhower Army Medical Center's Reach Out and Read event July 16 at the Family Outreach Center.

childhood development. It has been shown that the bigger a child's vocabulary is by the time they enter kindergarten, the more

successful they are in school.

Reading is truly the foundation to success and the goal is that all of EAMC's patients succeed in school.

This year's event was held at the Family Outreach Center on Fort Gordon. The event was run by Dr. Karyl Bental, Eisenhower Pediatrician and local director for Eisenhower's ROR program along with Dr. Mary Black, Eisenhower's chief of Pediatrics and the EAMC Pediatric Team, including Dr. Tamara Pistoria, Dr. Libby Mathew, Dr. James McCrory, Dr. Amy Nataraj, and Dr. Shima Syed.

Miss Georgia, Karson Pennington, attended with her mascot, Lucky the Lion. She read her original story Lucky Learns to ROAR. Miss Georgia's social impact initiative is ROAR. Karolina Klinker, the program manager for ROR Georgia, also attended.

There were interactive demonstrations and readings by Seigler's Karate School, the Fort Gordon Fire Department and Sparky the Fire Dog, storytelling and painting by Baruti Tucker, from Humanitree House; juggling by Dr. JC Sue, Family Practice; animal balloons Ilan Bently and Alexandria Cassidy, RN from Family Practice; Hula demonstrations by Candice Nil, RN; and hand painting by Evelyn Guzman from The Woodworth Library.



Photo by Ayana Broadus

Storytelling and painting by Baruti from Humanitree House, tells a story while drawing a caricature of a young man attending Eisenhower Army Medical Center's Reach Out and Read event July 16 at the Family Outreach Center.

MON from page 3

In 2011, she began working with the U.S. House of Representatives Appropriations Committee, Subcommittee on Labor, Health and Human Services and Education, as part of her fellowship in CFO Leadership. She then joined The Surgeon General's Congressional Affairs Contact Office as Deputy in 2012.

In 2013, Mon joined Evans Army Community Hospital, Fort Carson, Colo., as the Chief Financial Officer and Chief, Resource Management Division. In July 2014, she also assumed the hospital's Troop Command and completed studies with the National Defense University earning a Master of Science in Government Strategic

Leadership, CFO Concentration.

From May 2015 through May 2017, Mon commanded McDonald Army Health Center at Fort Eustis, Va. Then, for Senior Service College, she completed a fellowship with CVS Health in Rhode Island as a Secretary of Defense Executive Fellow which ended in the summer of 2018.

From July 2018 through July 2020, Mon commanded Public Health Command – Pacific in Hawaii. Next, she served as the Chief of Staff for Regional Health Command–Pacific until July 2021.

Mon's operational deployment assignments include Operation Fuerte Apoya (Strong Support) in El Salvador in 1998, providing disaster relief in the aftermath of Hurricane Mitch with the 86th Combat Support Hospital. Mon also deployed to Iraq in support of Operation Iraqi Freedom 05-07 in 2005 as part of the 30th Medical Brigade. Her awards and decorations include the Legion of Merit (2 OLC) and the Bronze Star Medal.

She is married to retired Lt. Col. Robert Mon and they have one daughter. .

LUNCH from page 2

salt and added sugar. While they might taste good, having these types of foods all the time leaves little room for foods that will help growing offspring (their and brains) get the nutrition they need.

- Mix it up: Do you pack or choose the same things every day for lunch? It might be time to add some variety (see Tip 1). Try wraps, salads, sandwiches, bento-style lunches or add fun shapes to your foods. Small cookie cutters can make a boring lunch more fun and enticing to children.

While you and your family are preparing to go back to school this fall, keep in mind that simple nutritional changes are typically more doable and longer lasting than drastic overhauls. Whether you are choosing to take lunch from home or have lunches at school, it is important to plan ahead, involve your children, and help them choose healthier lunches.

Keep these tips in mind and help them grow and develop to their best potential.



AWESOME! **WOW!**

Be a Local

SUPER HERO

Volunteers needed!

Eisenhower Army Medical Center will host the

Richmond County Schools

Volunteer Program

Join us at one of the trainings to learn how you can be a mentor or volunteer for local children at Richmond County Schools.

All trainings will be at 10-11 a.m. at the EAMC Auditorium !

August 23
September 13
October 25

For more info, or to RSVP call: 787-0200

WELL CLINIC from page 6

In addition, appointments will be longer, allowing more face-to-face time with health care providers.

“We want to be able to use this time for more patient education” and questions and answers,” Black said. “There will be direct access to physicians. We will also start offer parent education, diabetes management, weight loss and lactation classes in the fall.

“This is an exciting addition to Eisenhower and an asset to our beneficiaries,” Black said.

The EWC, currently entering Phases II and III, will use Health Care Effectiveness Data and Information Set, generally known as HEDIS, to measure and increase patient wellness and satisfaction. Using HEDIS is also a hospital-wide initiative.

HEDIS is one of health care’s most widely used performance improvement tools,” according to the National Committee for Quality Assurance.

“HEDIS tracks more than 90 measures across six domains of care,” according to the NCQA website. These domains include effectiveness of care, access/availability of care, experience of care, use and risk-adjusted uses, health plan descriptive information all submitted via Electronic Clinical Data Systems.

The new clinic’s Phases II and III begin Aug. 2, and include fully functional pediatrics practices and the beginning of well-woman visits.

“We want to promote a healthy lifestyle,” Mathew said. Early establishment of healthy activities and practices in young families — parents and children — helps ingrain these healthy patterns and turn them into life-long habits.



July

Patient Safety Employee of the Month



Photo by Scott Speaks

Eisenhower Army Medical Center’s Commander Col. Carlene A.S Blanding, left, recognizes Rishaunda Hawes, a nursing assistant in the Pain Management Clinic, June 30, for her dedication to a culture of safe, reliable patient care, and an exceptional act of service by catching a near-miss event.

Patient Safety Division

Rishaunda Hawes, a nursing assistant in the Pain Management Clinic, not only fosters a culture of safe, reliable patient care, she demonstrated an exceptional act of service recently by catching a near-miss event.

When screening a patient for her assigned provider, she reviewed the active medications in the record and noted that six prescriptions listed on his active medication list did not belong to the patient. The patient denied having diabetes.

Hawes immediately notified the clinical pharmacist for guidance and intervention. The patient disclosed to staff that his son was almost out of medication, and had a call into his child’s primary care provider concerning medications that weren’t prescribed, pending response from clinic.

Hawes’ quick response in catching the near-miss was twofold. She advised the patient not to fill or take those medications that were inadvertently prescribed to him. The patient’s son’s medication was re-entered by pharmacy to prevent a break in medication and glucose testing.

These good catches decreased the patient’s risk of taking medication that was not prescribed to him, which he could have been detrimental, and certainly prevented a lapse in medication for his dependent.

Hawes, who calls Tignall, Ga., home, consistently performs her nursing assistant role with extreme vigilance and focus on patient safety.

LAT MOVE from page 5

specialists often have assumed these tasks.

“This allows us to recognize their role as a noncommissioned officer and ensure they’re getting the coaching and mentorship they need to be successful,” Grinston said. “It’s a visual reminder that soldiers have transitioned from junior ranks to become a member of the NCO corps.”

Congratulate the new corporals

- Cpl. Mharkjulian Apolar
- Cpl. Christopher Coward
- Cpl. Sarah Massi
- Cpl. Edgar Arceo
- Cpl. Nathaniel Anson
- Cpl. Daniel Blanc

- Cpl. Talibah Brown
- Cpl. Dameria Chapman
- Cpl. Jonathan Cook
- Cpl. Josiah Cubol
- Cpl. Barbara Dasta
- Cpl. Anthony Fernandezdelara
- Cpl. Keane Foster
- Cpl. Maria Ganio
- Cpl. Anthony Gemmati
- Cpl. Kaiya Hammond
- Cpl. Jon Hearn
- Cpl. Kiara Jones
- Cpl. Sachit Khadka
- Cpl. Hyeisha Kirklandthompson
- Cpl. Irina Krebs
- Cpl. Jonathan Leoncamacho
- Cpl. Desteny Lewis

- Cpl. Alondra Maganaespinoza
- Cpl. Jonalyn Mitra
- Cpl. Justin Morales
- Cpl. Iliana Moreno
- Cpl. Hector Nicolas
- Cpl. Kristina Owens
- Cpl. Derrick Pierce
- Cpl. Jasmine Robinsonespinoza
- Cpl. Sameh Sedrak
- Cpl. Lovinsky Seizeme
- Cpl. Audrey Selking
- Cpl. Todd Smith
- Cpl. Billjeffrey Torres
- Cpl. Dionte Towles
- Cpl. Savahna Vela
- Cpl. Shundra Williams
- Cpl. Joshua Wu

History of corporal's rank

Excerpted from the July 7 ceremony

The NCO corps which is also known as the backbone of the Army has a long, rich, and proud history.

With the creation of the standing military of the United States, the United States took many of the ranks from the British military system; many modern countries have made the same move in the organization of their militaries. However, to find the origin of the title of corporal, one must go back through

history to the Roman Army. In Latin, “corpusa” means body, and soldiers holding the title of corporal, in its Latin language form, stood in charge of a small body of soldiers.

The rank survived through medieval times and was adopted by almost all militaries of the Age of Monarchs and subsequently Mercantilism, perhaps most notably the British Empire, from where it made its way into the rank structure of the Colonial Army and then the United States Army.

The rank of corporal was established

in 1775 with the birth of the U.S. Army and is one of two ranks which has never disappeared from the NCO corps.

During the American Revolution, sergeants and corporals were expected to instruct the troops on everything from maintaining good order and discipline to cleanliness and personal hygiene. They maintained lists of accountability and briefed the first sergeant on the daily reports. They were also expected to fill in the gaps created by casualties on the battlefield and encourage their men to continue to fire straight and true.



Library's new full-text finding application

Mary E. Gaudette

Librarian

Eisenhower Army Medical Center

This past February, the Eisenhower Army Medical Center Health Sciences Library activated Publication Finder, an EBSCO application for locating and accessing the full text of licensed Ebooks and Ejournal articles available to EAMC.

Publication Finder offers various options for searching. The default option is searching by publication, with a drop-down menu that allows searching by journal or book title, journal or book subject, a journal's ISSN (International Standard Serial Number), a book's ISBN (International Standard Book Number) or by publisher. There are also options for keyword searching (choose "Any"), or for limiting a search using the "Exact Match", "Exact Phrase", "Begins With", or "Proximity" options.

Clicking on the "Browse Databases" option will display an alphabetical list of links to all the health sciences databases available to EAMC, including decision-support resources such as DynaMed and UpToDate, and training resources, such as Nursing Reference Center Plus.

Clicking on the "Browse Subjects" option will display an alphabetical list of subjects, including several that are non-medical.

Please note that Publication Finder is not a citation database and should not be used in lieu of PubMed, CINAHL, PsycINFO, Medline Complete, or Ovid's Medline when performing a literature search.

Its purpose, rather, is to provide access to specific Ebook titles and Ejournal articles. For instance, it is helpful for seeing if EAMC has online access to an article listed in the reference section of an article or in the bibliography section of a book.



A link to Publication Finder is located at the top of the "Books Journals" section of the Library's IKEnet page and is identified there as "A-Z Full Text Publication Finder." Using it requires an EZproxy account.

For assistance with "Publication Finder," or to request an EZproxy account, contact the librarian at 787-4446, or send an email to mary.e.gaudette.civ@mail.mil.

MHS GENESIS = CONNECTED
COORDINATE CARE FOR PATIENTS
ON AND OFF THE BATTLEFIELD

 **MHS GENESIS**

www.health.mil/MHSGENESIS



Eisenhower
Army Medical Center

We are Eisenhower
WE KEEP OUR NATION READY



Sgt. Jared Lee, Religious Affairs NCOIC, Department of Ministry and Pastoral Care. EAMC team member since July 2019. In the Army for nine years



Sgt. Abigail Hatfield, Medic, 68W, in the Bravo Company training room for about a year and a half. In the Army for five years.



Cpl. Josiah Cubol, 68C/LPN in the ICU. An EAMC team member for two years and in the Army for three years.



Now-1st. Lt. Devon Collins, RN on the ninth floor, 9MSP. EAMC team member for 20 months. In the Army for two years this month.

